



SewHope

Health ■ Opportunity ■ Education



2021 Annual Report

Letter from the Director

Dear Friends,

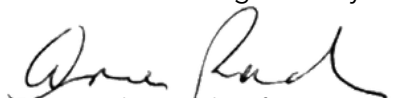
When a group of compassionate people came together fourteen years ago to start SewHope, I don't think we knew what a force for good we would become in the Petén region of Guatemala. How could we have imagined all the generous people who would join us...who would enable us to become a major center improving individual and community health and providing high quality education for hundreds of children.

During these years, life in Guatemala has become even more difficult for many, thus contributing to the continued numbers of people crossing our border in desperation. But for those who have been touched by SewHope, life is a bit better. Perhaps they were spared a premature death from cervical cancer. Perhaps they now have clean water or a safe cooking stove. Perhaps their children now have a chance for a real education enabling them to have a brighter future. Perhaps they are no longer hungry.

As you look through this Annual Report, you will see the miraculous ways that God has brought His people together to offer answers to those who often imagined none. You will see pictures and quotes from our staff and from those of us who have had the great privilege of actually spending time with the people we help. These pictures tell a big story.

When I am in Guatemala, I see the miraculous. I see that we have built a safe and comforting place where our teams can stay and where we can have community meetings. I see a vibrant clinic that provides help for those who have nowhere else to turn. I see children enthusiastically running into their classes full of smiles and I see their parents full of gratitude. I see women with hopeful faces lined up waiting to get cancer screening and preventative treatment. I see a staff that is so full of gratitude that they are working for an organization whose mission is to serve the most underserved.

How can I thank all of you who have so generously given of your time, talents and treasures in order that all of this has been done? May God continue to inspire us to respond to where we see neglect, abuse and suffering. Thank you!


Anne Ruch, Founder of SewHope

WHO WE ARE, WHAT WE DO

Our Mission

We partner with the poor, marginalized, and exploited in Guatemala to help end the injustices of poverty and bring about sustainable communities.

WHAT WE ASPIRE TO

Our Vision

We envision communities and individuals transformed by the love of God and equipped with the skills and tools needed to self-determine their futures.

Board of Directors

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Rudy Gonzalez

Lucky Hernandez, MD

Women's Health

- 572 patients received care for chronic medical diseases
- 1182 women were screened for cervical cancer
- 89 procedures including biopsies, LEEP, and colposcopies
- 3 medical missions held by American doctors
- 12 villages and communities reached during medical trips





Women in communities large and small hear that SewHope is coming to town and come to seek our trusted care.

The best thing in 2021 was being able to continue care for patients needing follow-ups.
-Mayra Martinez
Program Director, Nurse



I meet dozens of women who tearfully thank us because they know they would not have lived if not for our cancer prevention program.
-Dr. Anne Ruch,
Founder and Board Chair



Education

- 90 children attended our supplementary education program
- Every student was sponsored by one of 60 sponsors
- 1 new education center completed, ready to serve 150 students in 2022
- 1 penpal program with Maumee Valley Country Day School, connecting hundreds of students across cultural differences
- 73 Chromebooks purchased for students to access our online curriculum



I am grateful for our Guatemalan staff, who have shared and faithfully executed our vision of hope for the children of Guatemala. They have been very resourceful in solving the multiple challenges of poverty, limited resources and COVID.

-Gary Collins, Board Member



Independence Day (Sept. 15): Students put together performances, art projects, poems, songs, etc. to express Guatemalan pride

I am proud that in 2021 SewHope opened the doors for us to be back to school with the students, since the pandemic limited us from making use of the facilities and developing learning in 2020. More so in 2021, while we were back to school with limitations it was a great experience, incredible! There were limits, but teaching was not over.

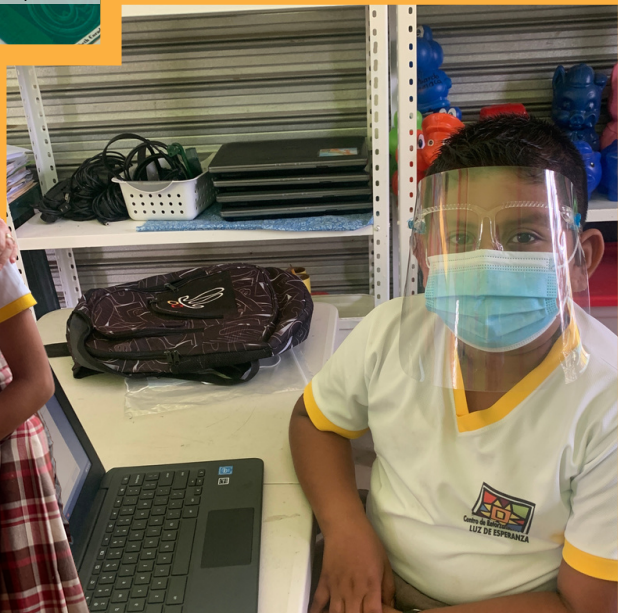
- Seiner Lopez,
Director of Education



Students from Maume Valley Country Day School and our program are penpals, developing cross-cultural friendships



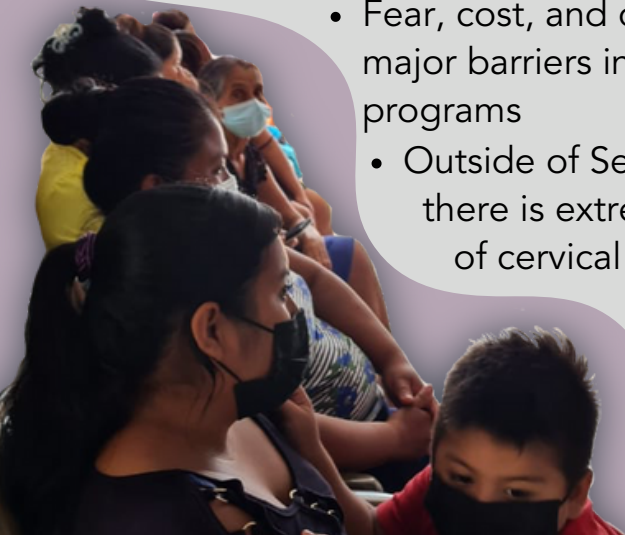
Cecilia, Seiner, and Singly work on putting together supplies for students. Everything from notebooks to uniforms is provided.



Cervical Cancer
is one of the most
preventable and treatable
types of cancer.

But in Guatemala,

- No.1 cause of cancer related mortality
- 2nd most prevalent cancer
- 6x more prevalent than in US
- Only 64% of women, overall, report ever getting screened. In indigenous and rural populations, screenings are even less common, 57.5% and 47.5% respectively
- Fear, cost, and distance to care are major barriers in sustaining prevention programs
- Outside of SewHope's program, there is extremely limited availability of cervical cancer screening



How is SewHope making an impact?

- Conducting nearly 14,000 paps and procedures since 2007
- Traveling to dozens of remote villages bringing affordable care to the people who need it most
- Partnering with Propath Pathology Services at the University of Texas to test for various types human papilloma virus (HPV), the causal agent of most cervical cancers
- Hosting trainings for Guatemalan health promoters and nurses, improving pap smear techniques and screening practices across the country
- Sustaining a reputation as one of the best and most trusted cervical cancer prevention programs in the country
- Employing quality control protocols to ensure that test results and cytology practices maintain high standards



Hear my story!

Scan the QR code above using your smart phone camera



Public Health

- Nearly 50 variety of fruits, vegetables, herbs, trees, and flowers cultivated
- 7 families completed a second year of the at-home agriculture program
- 17 safe, clean cooking stoves were installed in local homes
- 14 purifying water filters distributed to community members
- 1 drip irrigation system installed



I was very impressed with the KAH food packing event in November. It was the first time I attended one of these events. I was very impressed by the number of volunteers, the amount of food packed and the motivation and dedication of Mike Burwell from Kids Coalition Against Hunger.
- Gloria Buganski, Treasurer



Kids Against Hunger and SewHope teamed up to host a food packing event. 250 volunteers packed 60,000+ meals in 4 hours to send to our friends in Guatemala.



The best thing in 2021 was working on the Chiapas stove project with the families. I am proud to see the satisfaction in people when they receive these benefits.
- Marcelo Graves,
Public Health Assistant



Families participating in the at-home garden and chicken program learn skills and gain confidence in sustaining affordable and nutritious food sources.



I am proud that SewHope supports families in need.
-Elder Ojon,
Director of Public Health

2021 Financial Report

Net Assets, Beginning of 2021:	\$482,598
Net Assets, End of 2021:	\$658,617

2021 Revenue:

Grant Funding	\$29,500
Corporate Funding	\$5,024
Individual Contributions	\$140,517
Mission Trip Contributions	\$3,141
Guatemalan Program Income	\$9,903
Fundraising Income	\$127,658
KAH Income	\$29,022
In-kind Donations	\$98,912
Investment Income	\$27,181
Other Net Income	\$12,931

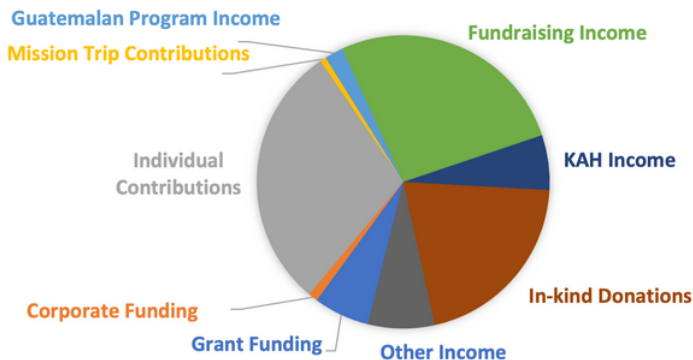
2021 Expenses:

Health Program Expenses	\$66,943
Education Program Expenses	\$65,521
Public Health/Nutrition Expenses	\$21,211
Other Program Expenses	\$5,625
Fundraising Expenses	\$29,723
Payroll Expenses	\$27,785
In-Kind Donations Expense	\$27,899
Other General Expenses	\$8,072

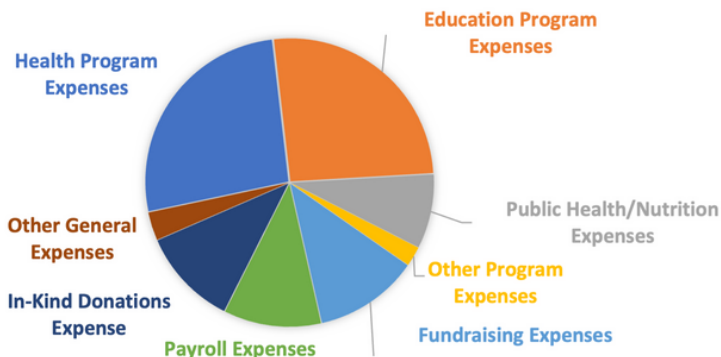
Total 2021 Revenue: \$483,788 Total 2021 Expenses: \$252,779

Net Income: \$231,009

TOTAL REVENUE 2021



TOTAL EXPENSES 2021





Sew Hope

Health • Opportunity • Education

THANK YOU DONORS!

JANUARY 2021-DECEMBER 2021

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Trip Participants

Cecilia Chaudhary
 Claire Goss
 Tim Kuhn
 Anne Ruch
 Randy Ruch

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SewHope

Health ■ Opportunity ■ Education

Our Mission: SewHope partners with the poor, marginalized, and exploited in Guatemala to help end the injustices of poverty and bring about sustainable communities.

SewHope, Inc.
P.O. Box 12522
Toledo, OH 43606

www.SewHope.org

1. What is the best thing that happened in 2021?

To be able to start with the care of the patients for their follow-up.- Mayra

Meeting the administrative staff of SewHope, personally, such as Cecilia, sharing classrooms, teamwork was so nice, because in this way the work is usually equitable and satisfying, more however, filling bags for uniforms with Cecilia was great, experiences that are not forgotten.- Seiner

With the help of God I managed to fulfill all my projects in the clinic and with the families of the program- Elder

the best thing that happened to me in 2021 was working on the Chiapas stove project with the families- Marcelo

Pulling off the building of a beautiful school during trying times.- Dave

Sending out new pictures of students in our program to their sponsors and getting positive responses!

The continued generosity of our sponsors and supporters during COVID.

The school building nearing completion. - Roxanne

The best thing was getting a picture of my 12 sponsored children--all looking happy and proud in their school shirts and bottoms.- Thea

Our Virtual LEAP event was a huge success! Emily and Cecilia did the research and hard work to make the "virtual" part of the event run smoothly. We had so much donor support, including more sponsors than ever before and more support of needed items for our Guatemalan programs. At a time when our society was going through an unprecedented difficult time, our supporters opened their hearts and made it possible for us to continue our programs and make a difference in the lives of the people of Guatemala.- Gloria

I was also very impressed with the KAH food packing event in November. It was the first time I attended one of these events. I was very impressed by the number of volunteers, the amount of food packed and the motivation and dedication of Mike Burwell from Kids Coalition Against Hunger.- Gloria

2. What are you most proud of in 2021?

I am proud of 2021 at SewHope, because it opened the doors for us to be back to school with the students, since the pandemic limited us from making use of the facilities, and developing learning in 2020, but more so in the year. 2021, back to school, with limitations, but it was a great experience, incredible that there were limits, but teaching was not over.- Seiner

That sewhope supports families in need. Good education to children and provides everyone with medical assistance- Elder

I am proud to see the satisfaction in people when they receive these benefits- Marcelo

Adapting our main fundraising event in daunting times to successfully exceed expectations 2 years in a row!- Dave

The amazing dedication of the Guatemalan staff.- Roxanne

3. How would you describe 2021 with 3 to 5 keywords?

The beginning of a new era. for our program - Mayra

Hope, Kindness, Transformation, Opportunity, Growth - Seiner

successful- Elder

A year of blessing and new experiences.- Marcelo

Enthusiastic dedicated productive spiritual staff/volunteers- Dave

Everyone together can change lives.- Roxanne

Fulfilling in having the new school building completed and soon to open. Proud of the great work SewHope does. - Thea

Blessed - so much was accomplished through the love of God.- Gloria

Make an Impact

Every year, SewHope saves lives by providing not only preventative care and treatment at the clinic but by traveling out into villages across the Petén to bring this care to women to who it would be otherwise inaccessible.

Our services are provided at low- to no-cost, ensuring that everyone who needs this potentially lifesaving care has access, no matter their circumstances.

Your support ensures this program can reach more women and villages, saving even more lives!

\$50

Covers the cost of a pap smear for one woman

\$250

Provides medical supplies such as gloves, masks, alcohol, slides, etc

\$1000

Can pay one month's salary of a SewHope nurse

\$100

Helps cover the cost of life-saving procedures such as biopsies and colposcopies

\$500

Covers in country medical jornadas, bringing care to women in remote villages

Yes, you can count on my donation!

Please accept my gift of:

\$1000

\$500

\$250

\$100

\$50

\$_____



SewHope
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Please enclose this card and your method of payment in the provided envelope or donate online at www.sewhope.org